

NEW YORK SOUTH ASSEMBLY AREA

P.O. Box 30, Radio City Station, New York, NY 10101



Speak-Easy

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Winter 2017 / January – March
al-anonny.org



The New Officers and Coordinators of Panel 57

Officers

Delegate / Taaj J. – NYS57delegate@aol.com

Alternate Delegate / VACANT

Chairperson / Ellen D. – NYS.area.chair@gmail.com

Area Secretary / VACANT

Area Treasurer / GraceMarie H. - nystreas@gmail.com



Coordinators

AAPP / Lyna M.

Alateen / VACANT

Archives / VACANT

Discovery 2017 / Sabrina H. – nysdiscoveryconvention@gmail.com

Forum-Literature / Marissa W.

Group Records / Pat C.

Newsletter-Speak Easy / Marlene L. – nysspeakeasy@aol.com

P.O. Box / Arthur S.

Public Outreach / VACANT

Website / Nick P. – nysd21adr@gmail.com



Discovery 2017: It Takes A Fellowship



Save the Date:

July 14, 15, 16, 2017





Who we Are ...

Area Delegate - Panel 57: Taaj J.

As delegate, I am getting acclimated to the interaction between myself and my contacts at the World Service Organization. There is a tremendous amount of focus at the moment in getting prepared for the conference which occurs from April 23-28th in Virginia Beach. I have had the initial orientation conference call amongst all 67 delegates. I learned what the specifics will be. It feels like I am coming into a magical experience and I do know that it will be a marathon.

As for the role that I am asked to have, I am being asked to be the voice of the area TO the conference, and in reverse, I am asked to pay very close attention to what is being done at the conference so as to bring the group conscience of the greater fellowship, back to the Area Assembly, and therefore to the groups through the Group Representatives.

I am also asked to cover the open positions in the Area, which is a task in and of itself, and gives rise to impetus to bring more people to service. None of us ought to be doing more than one job.

And finally, I am asked to be mindful of the leadership qualities as I travel my course of individual recovery, and continue to sponsor and be sponsored, and suit up and show up for my home group, as well as visit other districts and groups.

It is an honor to be doing this service work.



Area Chairperson: Ellen D.

January is the month that I began attending Al-Anon meetings 27 years ago. To say that I am awestruck when I reflect on my journey is truly an understatement! Service has always played an integral role in my Al-Anon recovery and serving as the Area Chair has been on my Al-Anon bucket list for quite some time. My higher Power has been my guide through this incredible journey and provided me with wonderful sponsors including a service sponsor who has consistently encouraged me to "Stretch my comfort zone". As I embark on this next chapter of recovery through service, I am confident that I will learn more about my abilities and limitations. I cannot do this alone. I will be relying upon all of you for loving direction and support. Thank you for allowing me the opportunity to serve as the NYS Area Chair. The joy is absolutely in the journey!



Newsletter Coordinator (Speak-Easy Editor): Marlene L.

Hi everyone. As we start a new panel (Panel 57), I have decided to work on our newsletter, the Speak-Easy. I have been doing a newsletter for my congregation for the last 15 years. I have also prepared fund raising flyers for them. For the program, I have prepared flyers for Anniversaries and Workshops. If your District or AIS has interesting news, let me know, and I'll do my best to get it in the next issue. There will be **four [4] issues a year**. The **Winter** edition (*January, February and March*), being worked on now to be ready for the February Assembly. The **Spring** edition (*April, May and June*), will be ready for the AWSC in March, and the Assembly in April. The **Summer** edition (*July, August and September*), will be ready for the May AWSC, and the June Assembly. The final issue of the year will be the **Fall** edition (*October, November and December*), and will ready for the September AWSC and the October Assembly.

Who we Are ... (continued)



P.O. Box: Arthur S.

I'm grateful for the opportunity to serve a full 3-year term as NYS P.O. Box Coordinator. I had thought that a change in personal circumstances would preclude me from continuing the service, but I've found that indeed I can continue, and in fact enjoy it more than I had been. Going to the post office in service to the fellowship is a highlight of my week: for the break from work, and for the good feeling I get from contributing to the operation of NYS, and for the personal recovery from doing service. AND, I've discovered a meeting nearby the post office - another reward!



Forum-Literature: Marissa W.

I walked into the rooms two years ago angry, afraid and not wanting to be there. I was immediately greeted with a warmth and love that was so incredibly welcoming. I couldn't believe that these people who I had never met could be so welcoming and kind to me. It has been quite a journey these past two years and my program has helped me tremendously. A major focus in my program is my daily reading of Al-Anon literature. The very first piece of literature I began reading was *"From Survival to Recovery"*. As I began reading the pages I couldn't believe how much of my own story I was reading. I hadn't realized that many of my behaviors were adapted to survive. It was clear that the time had come to work on recovering. The book was eye opening and I find with each piece of CAL, my eyes open a little wider. I love getting new books so it didn't take long for me to accumulate a library of CAL. I have all three of the daily readers and enjoy reading them. Reading the literature brings a sense of calm and understanding to me. In fact, it is obvious when I get into a rut and am not doing my daily readings because my calm departs and is replaced with anxiety and irritability. It is amazing to me the power the literature has in my life! My husband and I decided to offer our boys two program pamphlets to read, "Youth and the Alcoholic Parent" and "Facts about Alateen". This was the beginning of opening their eyes to the life they have been living as well. Now my oldest son is also a grateful member of the program, he attends his Alateen meetings each week and looks forward to them just as much as I look forward to my Al-Anon meetings. We have all three programs working in our home and all working together. I feel privileged and incredible grateful to serve as our Area's Literature/Forum Coordinator. Reading and sharing about our literature has brought so much healing and recovery into my life and I look forward to increasing awareness to help others have the same!

Around the Area



District 24:

Greetings to all,

This past Fall, District 24 hosted our first workshop in many years. Entitled "District 24 Celebrates 65 Years of Al-Anon," our Share-An-Evening was a huge success! With over 100 in attendance, we were all privileged to enjoy first-hand stories from Bill and Bernadette B. who were personal friends of Lois W. for 14 years prior to Lois' passing. The Borcherts spoke warmly of the many good times shared with Lois both at Stepping Stones and at the Borchert's home in Rye, NY. It was such a wonderful way to celebrate 65 years of Al-Anon by connecting to our co-founder through the shares of these two delightful "First Generations."

Since our Share-An-Evening event, District 24 continues to make strides in Westchester County. After many years of 'doing without,' District 24 has opened a bank account and a Post Office Box as well! For the first time in over 15 years groups will be able to mail their contributions to the District. Prior to this, District donations were made by cash only which proved to be very limiting.

Our address is: **District 24, AFG, P.O. Box 441, Bronxville, NY 10708**

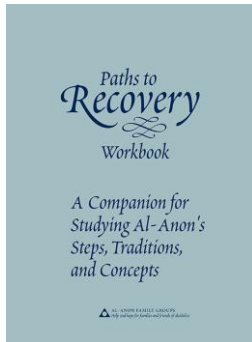
There is a definite feeling of teamwork in the District as we enter the new year with a renewed sense of joy and excitement for the gift of recovery we hope to bring to members, newcomers and the professional community alike. And there is already talk of our next District event! Stay tuned!

Love in Service / Sue V. / District Rep / D24, Lower Westchester

What's New ...



NEW BOOK / Paths to Recovery Workbook (P-93)



Introducing this wonderful companion piece to one of Al-Anon's most treasured books! It contains the thought-provoking questions on each Step, Tradition, and Concept found in Paths to Recovery (B-24), with space to write answers.

Available for \$10.00 (US) **or** buy the book and the workbook for only \$25.00(US).

Contact your local Literature Distribution Center **or** visit the Al-Anon Online store, al-anon.org/onlinestore for more information.



Al-Anon WSO – now reaching out on Instagram!

The WSO recently launched the official Al-Anon Family Groups Instagram account. Would you consider joining us in this Public Outreach effort? By liking and sharing Al-Anon_WSO posts on Instagram, you can help carry the Al-Anon message of hope to many people, including young adults, affected by someone else's drinking that may not have heard about the support that Al-Anon offers. Find us on Instagram by searching for "A-Anon_WSO," or by clicking on the link located on the WSO Public Outreach website, www.al-anon.org. Please remember to protect your anonymity on social media by not making comments that would reveal your Al-Anon membership.



NEW e-book:

As recently announced in the "Announcements—WSO Structure" community of AFG Connects, *Courage to Change* (eB-16) is now available as an e-book in English, Spanish, and French from the following electronic media providers: Apple iBooks, Amazon, Barnes and Noble, and Kobo. On Apple iBooks, the electronic book is priced at \$13.99 (U.S.). On Amazon, Barnes and Noble, and Kobo, it is available in two parts, each for \$6.99 (U.S.). *This announcement is informational only, and not an endorsement of any electronic media provider, e-reader, or other products sold by electronic media providers*

The SpeakEasy will be published four (4) times a year:

The **Winter** edition (January, February and March), to be ready for the January AWSC ,and the February Assembly.

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Dates for 2017:

AWSC = Sunday, January 8 / Sunday, March 5 / Sunday, May / Sunday, September 10

Assembly = Sunday, February 19 / Saturday, April 1 / Sunday, June 11 / Saturday, October 21

ABSOLUTE DEADLINE FOR ARTICLES = 3 (three) BEFORE AWSC MEETING